

KindCraft Care Kits

Think!
Plan!
Do!



Think!

When was the last time you were sick?
How did you feel?
Did you miss out on anything fun?
Who makes you feel better when you are sick?
What do they do that is helpful?

Plan!

Use the worksheet as a guide to help you prepare your care package.

How you will package your care kit?
(a plastic tub, a sack lunch bag, a box that you decorate)

Print this out to help you plan!

Do!

Collect/buy any items you need for your care package.

You could even do some extra chores to help pay for the care kit items.

Package all your items up.

Send a picture to KindCraft or have your grown up post on social media to inspire other kids to make care kits. Use #kindcraftcarekits



Deliver!

Discuss ways to be sure you and the person you are delivering to are safe (wash hands, wear your mask, use hand sanitizer, etc)

Bring your care kit to your recipient. Ask them if it would be ok to take a picture with them!

Reflect!

How did they react?
How did you feel after?
Would you like to do this again?

Write or draw about your experience. Make a scrapbook page or journal entry about your experience.




KindCraft Care Kits

Let's prepare some care kits that we can give to anyone we know that gets sick in the winter months! Share your prepared care kits on social media to inspire others! #kindcraftcarekits



What items would you put inside a care kit?

- Soup
-
-



Draw a picture showing how they will feel when they receive your care kit.



- a neighbor?
-
-
- Get Well Soon!!
-
-

Who could you give a care kit to?

What else could you do help someone who is sick?



What are some kind words you could write to someone who is sick?

